



Submitted by: Paul Soler-Sala
Company/Organization: Antea Group
Number of Employees: 17 (NH/Boston region)
For-profit/ Nonprofit: for profit
Category: workplace

Challenge or Opportunity:

Our people are our most valued asset and we are committed to helping them thrive both professionally and personally. Through our Wellness Program, we reinforce this commitment by offering a holistic approach to employee wellbeing. Our Wellness Program encompasses three pillars of Wellness to establish a comprehensive, mind-body-life foundation.

Approach or Solution:

The 3 Pillars are Emotional, Physical & Financial Wellness and we encourage & strengthen employee efforts to achieve & maintain wellness. Our wellness program has been embraced at the highest level of the organization, with leadership committed, leading by example & actively involved. Our employees have access to industry-leading tools and resources.

Impact:

Tangible results attributed directly to our wellness program over the past year include (amongst others): Verified workouts increased by 10.4%; Reduction in Emergency Room visits by 17. Reduction in chronic condition care gaps for cholesterol, back pain, high blood pressure and diabetes; and, Reduction in preventative care gaps for mammograms.